

Sacramental Preparation

Baptism

Baptisms are scheduled through the Parish Office. For appointments, please contact our Parish Coordinator, Paula Proctor (615-352-2259)

If your child is in the second grade or older and is requesting the Sacrament of Baptism, please follow up with the Religious Education Office.

Reconciliation and First Communion

- Children preparing for these sacraments are required to attend class weekly. More than 5 unexcused absences will likely result in delay of sacrament unless discussed with Beth Holzapfel, DRE.
- The Sacrament of Reconciliation is completed in the second grade. The Penance Service will be held on November 17th, 2016 at 7 pm in the church.
- First Holy Communion also takes place in the second grade and will be held this year on April 30th, 2016 at 2pm.
- Parents should provide a copy of the child's/children's Baptismal certificate at the time of registration or **no later than September 30th**.
- All students seeking sacraments should complete at least 1 year of Religious Education prior to the sacramental year to be fully prepared. Just as in school, this is a progressive learning experience in which your child builds upon his/her knowledge and spirituality with each year.

The parish is called upon to recognize and support the children who are preparing for First Communion and who desire to be united with the rest of the parish as receiving members of the Body of Christ. Our Eucharist celebration is filled with prayer. By this time on your child's faith journey, he/she should know several of our Catholic prayers including The Lord's Prayer, Hail Mary, Glory Be, and the Act of Contrition. This is a good time for parents, as your child's first teacher, to help prepare their children with the prayers of the Mass to insure your child understands the words that we pray. Developing a steady prayer life will help your child live a healthy spiritual life.

Confirmation

Confirmation is a sacrament that is intimately connected to Baptism. The baptismal promises are renewed in order to remind all the baptized that they are bound to reject sin and serve God fully by living the Christian life in the world. It is Baptism that initiates someone into the apostolic ministry of the church. Confirmation perfects the grace of Baptism, strengthening oneself to serve. The Sacrament of Confirmation is celebrated by students in the eighth grade. Older youth, who have not confirmed their faith, may be a part of this experience by contacting Beth Holzapfel at 615-353-0668. Confirmation is a continuation of the Catholic faith learning experience and students are encouraged to attend Life Teen after Confirmation. Actually, Confirmation is the beginning of the Faith voyage through this wonderful life God has given each person. Our Confirmation date is February 19, 2017. It will be a Sunday afternoon at 2:30 here at St Henry Church.

Sacramental Retreats

Confirmation Retreat

A Confirmation retreat will be held on Sunday, January 29, 2017 from 10:00 am- 4:00pm. This is a unique experience where students will spend time reflecting on the Sacrament of Confirmation through prayer and the celebration of the Mass along with special activities, group discussions, and various content designed specifically for our Confirmation candidates. Attendance is required for all students intending to be confirmed.