

Light for the
World



Salt for the
Earth

ST. HENRY 2023
TIME & TALENT MINISTRIES

If you would like to begin volunteering or participating in any of the ministries listed, you may either send an email to Linda Large, llarge@sthenry.org or to the contact person listed in the back of the booklet.

Pastoral Council

Twelve members of the parish are elected to the council. The council serves in an advisory role to the pastor, makes policy, and oversees and assists parish organizations.

Finance Board

The pastor appoints members for a three-year term. The function of the board is to become aware of diocesan parish financial policies and procedures; to monitor the income and expenditures in relationship to the approved budget of the Parish Pastoral Council; and to review the proposed budget.

Spiritual Life

Altar Servers have the important responsibility of assisting the celebrant during the Mass. All those in 5th grade and above who are interested and accepted will be trained before being asked to serve.

Communion Ministers are active Catholics who are free to receive Communion, and who assist the priest at Mass in distribution of the Eucharist. Training is available to all who are called to be part of this ministry.

Cursillo is an international movement of dynamic spiritual growth within the Church. This weekend retreat experience begins on a Thursday evening and ends Sunday evening. It helps develop an understanding of what it means to fully live a Christian life in your everyday situation. Cursillo provides a method to transform your life through prayer and small Christian communities and to fulfill God's divine plan.

Daily Rosary Group meets after 6:30 a.m. & 8:00 a.m. daily Mass and after 8:00 a.m. Saturday Mass and 7:30 a.m. Sunday Mass. This is an opportunity for all to pray the rosary in community with others.

First Friday Adoration occurs on the first Friday of each month. Volunteers are needed to be present with the Blessed Sacrament during exposition.

Fishers of Men is a ministry of Saint Henry Church whose goal is to encourage men to meet for bible study, group prayer, and reflection on how they see Christ at work in their lives. This ministry meets once a week for 1 hour (Monday mornings at 6:30 a.m.) in the Parish Center Meeting Room. Men of all ages are invited to join and participate as often as their schedule allows.

The **Funeral Care Group** is available at either the visitation or the funeral by assisting the funeral home, helping with floral arrangements as they arrive, helping family members set up pictures, and any other needs that may arise. They may also volunteer to help with food by setting up, serving, and packing up leftovers at a reception for the family after the funeral.

Legion of Mary is an international association of Catholics who, with the Pope's sanction and the powerful leadership of the Blessed Mother, work for their own sanctification, as well as that of all souls. Members become instruments of the Holy Spirit through a balanced program of prayer and service under the guidance of the pastor. They are responsible for two hours of apostolic works each week, going out in pairs to visit the sick and aged, taking the Fatima statue from home to home, doing Sacred Heart Enthronements in homes, promoting evangelization through personal contact, conducting prayer vigils at abortion facilities, providing religious instruction to adults and children, and any other spiritual works requested by the pastor. Meetings are held each Thursday at 8:30 a.m.

Liturgical Support Ministry consists of volunteers who help maintain the liturgical environment of the Church. Duties may include laundering the altar linens and altar server vestments, changing out candles and holy water in the church and chapel, and assisting with the seasonal decorating of the church.

Ministers to the Sick and Homebound Ministry to the Sick and Homebound are a team of volunteers who visit our parishioners, who are separated from the Church due to illness or infirmity, in hospitals, assisted living facilities, nursing homes and private homes. These volunteers bring compassion, friendship, a caring heart and the Eucharist. They spend time with them and pray with them giving them love and support and keeping their connection to the Church community as they go their journey.

Music Ministry consists of volunteers from the parish who lend their voices and musical talents to weekend Masses and other special liturgies of the parish. A love of all types of sacred music is the only requirement.

Only Say the Word Healing Ministry is a healing team that prays over anyone needing physical or emotional healing. Gatherings are held on specific evenings in the Parish Center Library, after 9:00 a.m. Sunday Mass, before Saturday 5:00 p.m. Mass, and by appointment.

Prayer Shawl Ministry of Saint Henry Church is dedicated to providing a prayerful ministry that combines ritual, care, and compassion with the love of

knitting or crocheting. The ministry touches the lives of others by distributing shawls through the various outreach ministries of our parish and community. It provides a contemplative experience that winds itself through our hearts and into the presence of God. With a fellowship of people working together to make God visible in the world, it enables us to care for others in a straight-from-the-heart approach, while encircling our parish in an eternal shawl of peace, healing, and compassion.

Prayer Support Group is a prayer team with approximately 200 faithful men and women who pray earnestly for each request we receive. As we know, prayer is powerful. If you don't have much time to commit to service, this is an important and effective method to serve, no matter where you are when you read the request. To sign up to pray or to ask for prayers, send an e-mail to barbiebaker31@gmail.com.

Ushers welcome everyone as they arrive for Mass, collect the offertory gifts, select gift bearers, assist in seating and communion, pass out Sunday bulletins, and tidy up the pews. Ushers receive CPR training. Each Mass is staffed with a Captain and a team. Men, women and young adults are invited to help with this ministry.

The **Wedding Guild** members attend the rehearsal and the wedding. They assist the celebrant and direct the processional and recessional of the wedding party. They also assist the families and wedding party with any need that may arise the day of the wedding.

Faith Formation

Adult Faith Formation includes a wide variety of programs, classes and events fostering adult faith formation which includes: traditional lecture style sessions led by the priests and deacons; small faith sharing groups known as Faith at Home, the Faith & Justice Ministry, Bible Study programs, retreats for men, women and couples, and events for Encountering through the Senses such as wine tasting, painting, cooking, gardening and hiking; one and two day retreats. All these programs are aimed at teaching participants about our Catholic faith and deepening their spiritual lives..

Faith at Home small faith community groups meet in homes of parishioners or at the church for the purpose of reading, studying and sharing our Catholic faith with other members within our small group. Programs such as videos, papal documents, or spiritual books are used in these one and one-half hour settings. They provide opportunities for members of the parish to make new

friends with other parishioners, and to grow in faith. Groups meet during the fall months as well as during Lent, while some groups are ongoing. Times and days differ according to the host's availability.

Faith & Justice Group As a part of Adult Formation, this ministry is called to educate, advocate, pray and to discern opportunities to address, inform, and raise awareness about systems which affect the human dignity of all persons on a local, state, national, and international level. The life and teachings of Christ Jesus and the Social Teaching of the Catholic Church provide the guidelines of this ministry. The Faith & Justice Ministry hosts various events during the year focusing on specific issues, and meets monthly on the second Thursday of the month from 6:00 -7:30 p.m. in the Parish Library to discuss, discern, and take action that is both parish-focused and in collaboration with interfaith community partners. New members are always welcome!

Monday Morning Scripture Group focuses on a different book of the bible each semester; group question and answer format followed by an in-depth video. Studies from Jeff Calvins, Ascension Press, Little Rock, and Scott Hahn. Beginners to scripture scholars welcome!

RCIA is the process by which adults and youth become members of the Roman Catholic Church. This is a nine-month process that culminates at the Easter Vigil when they are received into the Church through the sacraments. Sessions for youth in grades 2-8 and Rite of Initiation for Children (RCIC) begin with the RCIA for adults, but move into a classroom to continue to learn the teachings and beliefs of the Catholic faith, designed specifically for their age group.

Sunday Religious Education seeks to nourish the faith of children and youth of the parish age 3 years old through grade 12. This faith was first celebrated at Baptism and parents continue to be the primary educators of religion. On Sundays, catechists continue this process for the children and youth who are not attending Catholic school. There are presently many generous and dedicated parishioners who volunteer to teach these classes on Sundays.

Vacation Bible School meets during one week in June and takes place at St. Henry Church. Children who will be entering PreK 3 through grade 5 are invited to attend. Religious concepts and scripture passages are taught through various activities including Bible discovery, games, and music. For our older children, their work is spent playing games, going to the Chapel and working on special art projects to name a few. Adult volunteers lead the classes and activities. There are classes for nursery and preschool for the children of volunteers. Rising eighth graders are invited to assist.

Family Life

The **Boy Scout Program** consists of several patrols, with boys ranging in age from 11 to 18 years and meets every Monday from 7 p.m. to 8:30 p.m., in the School Dining Hall. Adult leaders assist in many service projects, go on monthly outings, host two fund raising events per year (for two major trips), and participate in the Scoutingarama.

The **Girl Scout Program** at St. Henry consists of troops for girls in grades K-12. Troops engage in age appropriate badge work, outings, service projects and camping trips. Older Girl Scouts can work towards the Bronze, Silver, and Gold service awards. Troops usually meet monthly or bi-monthly at St. Henry.

Holy Family Circle is a group to connect and support mothers of newborn to preschool aged children in the Catholic community. This ministry provides social support to mothers who are seeking new friendships with other mothers in the spirit of Christ.

Respect Life Committee works in conjunction with our pastor and the diocese to promote the sanctity of all human life. It works to raise awareness of local laws, to influence laws that protect life, and to support pro-life agencies regarding the tragedy of abortion. The committee also keeps abreast of changes within federal and state laws, and encourages others to pray for the end of abortion and increased respect for life.

Youth Office

Our goal in the Youth Office is to create opportunities and foster relationships that bring our young people closer to Christ and help them grow in many ways. We strive to be a partner for families and a resource in the parish; to connect our young people, and give them opportunities to meaningfully practice and share their faith, and foster community in which they can celebrate it. Each group engages in service, social and spiritual experiences. A further explanation of each group can be found below with examples (see Young Adults under Parish Life).

- **Jr. CYO** - Junior CYO is for students in 7th and 8th grades. Highlights this year include zip lining, canoeing, attending retreats and spiritual gatherings, service work, small group programs by grade level, and monthly Youth Mass.
- **Sr. CYO** - Senior CYO is for high school aged students. We have a Youth

Mass where our students serve as Lectors, Ushers, Eucharistic Ministers and Choir members each month, small groups that meet at various times and locations, service work for RITI, Nurture the Next, and other organizations, and attend spiritual retreats at various times throughout the year. We highly encourage our upperclassmen to attend SEARCH and closing Masses on SEARCH weekends.

We are often seeking adult volunteers and/or specific donations for different events. If you are interested in sharing your time, talent or treasure, please contact mnicholson@sthenry.org.

Parish Life

Bingo Bunch Volunteers have fun serving the Saint Henry Seniors once a month while sharing in food and fellowship. Help is needed to set up, assist with Bingo, serve lunch and clean up.

Fellowship Sunday Fellowship Sunday is a fun, family-friendly ministry that provides coffee, juice, and donuts almost every weekend in the Fellowship Hall after the Sunday 9:00 a.m. Mass has concluded. It is a great opportunity to meet other parishioners, make new friends, and be of service to your church. To ensure this wonderful ministry continues, volunteers of all ages are needed to help serve and clean up each week.

The **Garden Care** volunteers plant and care for the plants and flowers outside the Parish Center, at the Walk of Faith, and outside the Fellowship Hall by maintaining a list and schedule of helpers.

The **H.O.P.E. Ministry** (Healing. Optimism. Prayer. Encouragement.) is a community that gathers to support the journey through cancer and other life-changing illnesses, including survivors, caregivers, family members and friends. We hold uplifting events designed to foster positive and prayerful connections throughout the seasons of healing. For more information, please contact us at thehopeministry1@gmail.com.

The **Knights of Columbus** has become the largest lay organization in the Catholic Church. The Order has been called “the strong right arm of the Church,” and has been praised by popes, presidents, and other world leaders, for support of the church, programs of evangelization, Catholic education, and aid to those in need. Saint Henry Knights of Columbus 12012 serves the parish and community by raising and distributing civic involvement of over \$10,000 each year, working with youth, volunteering, hosting social events, and

supporting individuals and groups in meeting their goals. Membership is open to Catholic men age 18 and over.

Primetimers are a group of parishioners 50+ years young who like to have fun and participate in church organized outings, short day trips, and events in Nashville and surrounding areas. Call the church office for information on upcoming events and remember to always check the bulletin and emails.

Saint Henry Men's Club is dedicated to promoting fellowship among all men of the Parish through social, spiritual, and task-oriented activities. In addition, it functions as an accessible resource to other organizations of Saint Henry Parish and School on an "as needed" basis. The Men's Club also event held annually in the Fellowship Hall. Writers Night which is a "date hosts three events per year. The Chili Cook-Off which is a family friendly night" for couples to listen to excellent music by fantastic writers. Night Golf which is a 9-hole golf tournament held in the middle of night that is just for the guys. Also, all the money we raise during the year goes directly to St. Henry School tuition assistance

Saint Henry Women's Club invites women of all ages to participate. All women of the parish are considered members of the club. Members of the club focus on spiritual renewal; fundraising for the parish and school and social events throughout the year. The Women's Club's monthly meetings and activities provide opportunities to meet new people, renew friendships, and participate in the vibrant life of St. Henry Parish. Our members are women who enjoy each other's company while adding to the strength of our parish. Participation in the club provides opportunities for developing social relationships while pursuing individual interests and talents.

The club's activities include:

- Meetings
- Social Activities
- Guest speakers
- and combined social and service events with other parish organizations.

The **Stitching & Sharing** group sews and knits "Linus" blankets for children who are hospitalized and make hats and scarves for the homeless. Volunteers are always welcome to come to help knit.

The **Young Adult Ministry** is for young adults in their 20's and 30's. Activities this past year ranged from trivia nights to social outings and opportunities to gather for Mass, Adoration, and Faith-based activities. The Young Adult Ministry is growing and we would love to have you join us at our next event.

Monthly happy hours are a great opportunity to join and meet our young adults. Sign up with the link below to join the mailing list for more events. <https://sthenry.breezechms.com/form/79b53c>.

Stewardship

The **Senior Luncheon** is held each fall and is organized and supported by this group of volunteers, with the SHS eighth grade boys serving as hosts for the guests. Volunteers assist in planning and executing the luncheon.

The **Time and Talent Fair** is held bi-annually after all four Masses. It provides an opportunity for parishioners to learn more about the ministries supported by Saint Henry and learn ways that they can become more involved in the parish. Volunteers are needed for planning, set up, and help during the fair.

Social Action

Campus for Human Development is an inter-faith agency for the homeless that supplies daycare, food stamps, and job and housing assistance.

Charitable Constructors is a program under the St. Henry Social Action Committee which provides free construction labor to approved candidates, and especially targets those who have urgent needs and are financially unable to pay for the needed services. Capacity to pay for materials and professional services needed is determined and negotiated with each recipient. Applications by emailing margotdesch@gmail.com.

Family Reconciliation Center creates an environment where families can support one another and meet their emotional and spiritual needs throughout the crisis of the incarceration of a loved one. Services offered include a guest-house where family members may stay while visiting a loved one in prison, a support group for adults as well as tutoring and special programs for children.

Fifty Forward's mission is to support, champion and enhance life for those 50 and older. St. Henry supports the Fifty Forward Living at Home program which provides care management to assist older adults with low incomes to remain living in the community as long as possible, and Fifty Forward Fresh/Meals on Wheels which provides nutritious, home-delivered meals to older adults who cannot access healthy food on their own. Volunteers welcome.

The Haiti Mission, a part of the Twinning Program of the Americas, currently supports two Haitian parishes, Notre Dame de Guadalupe in Darlegrand

and St. Thomas of Thomassique. Since 1978, contributions from St. Henry Church have provided educational, medical, and economic supplies to our brothers and sisters in Haiti. Volunteers have not only made trips to Haiti to assess the needs of the parishes, but also continue to work to create an awareness at home of how our parish efforts are making a difference.

Hope Clinic for Women is a faith-based, non-profit organization that provides a safe and confidential place for anyone dealing with life choices regarding past, present, and future pregnancies. They provide Christian alternatives to abortion through education, counsel, and medical care.

The **Interfaith Dentistry Program** is a non-profit organization providing affordable dental care to low-income, working families who do not have dental insurance.

Loaves & Fishes Lunch Program, Community Meals for the Hungry, a Catholic Charities program, offers breakfast and lunch each and every Monday, Wednesday, and Saturday to approximately 120 -150 homeless and low income neighbors in the Holy Name Parish Center neighborhood. St. Henry volunteers prepare and serve lunch on the third Monday of each month, as well as bake brownies which are delivered to Loaves and Fishes on the same day. Volunteers are always welcome! We are supporting Loaves & Fishes with monetary donations.

Matthew 25 is a partner agency working with the United Way and Veterans Administration that provides a supportive and non-threatening environment, including counseling, room and board, and job assistance for up to eight months to men who make a commitment to remove themselves from the addiction that has made them homeless and unable to support themselves. Parish members and groups can assist by preparing dinner for 35 men one night, donating magazines, paperback books, bus tickets, supermarket gift certificates, durable men's work clothes or supporting the job needs of an enrollee. This agency has shown itself to be very effective in accomplishing its mission.

Nashville Rescue Mission—Women's Campus is an intense, comprehensive, Christ-centered program designed to help women (18 and over) understanding the reasons behind their struggle with addiction, homelessness, Mission's program does not focus on just one part of a person's life, but believes that it is important to affect a person's entire life-physical, mental, spiritual, emotional, and social. The rescue mission is committed to restoring the whole person through a Christian approach that helps the homeless and

addicted learn how much God loves them and gain the Biblical insight they need to lead a productive life in and for Christ.

North Nashville Outreach is a branch of Catholic Charities. It provides case management, financial assistance, financial literacy, food and diaper assistance to residents in certain zip codes in North Nashville. The agency is located in the McGruder Family Resource Center, which is a collaborative effort between Catholic Charities, United Way, and Metro Nashville Public Schools.

Nurture the Next (NTN) works in homes of young families, living in poverty, helping them break cycles of violence and hardship. We walk alongside parents on their parenting journey. NTN runs the statewide domestic violence helpline and the parent helpline. Advocacy and education work happens across the state in order to better support children and families.

Open Arms Ministry serves special needs young adults by pairing them up with a sponsor through the Catholic Church.

Safe Haven Family Shelter is an overnight shelter that houses ten families experiencing homelessness. Volunteers from St. Henry help on the first Thursday of each month by preparing and serving dinner and participating in fellowship with 30 to 45 shelter residents. Volunteers are always needed.

St. Henry Room in the Inn houses homeless guests at Saint Henry from the first Sunday night in November to the last Sunday night in March. Volunteers can help in any one of a number of ways: set up in the gym and dining hall, drive vans, prepare dinners and sack lunches, spend the night as innkeepers, or clean up in the morning. Volunteers are always needed and welcomed! (During the 2021-22 season we will be housing guests at Room in the Inn downtown.)

The Renewal House recognizes that separating a mother, or mother-to-be from her children during addiction treatment is not effective. So, we keep the mother and her children together throughout the recovery process recognizing that this is effective for both the mother and the child in developing healthy and productive lives.

The **St. Vincent de Paul Conference** at Saint Henry Church provides assistance to parishioners and non-parishioners with a variety of needs. It is staffed by members of Saint Henry and supported by a monthly collection at the church and food collections at the school. Our local conference, with the generous

support of Saint Henry parishioners, helps those in need with necessities like food, utilities and rent.

Saint Henry School

The **Home and School Association** is an organization made up of each family whose children attend Saint Henry School. It is a fun group of volunteers who participate as Room Moms, Dining Hall Volunteers, Library Assistants, Fund Raising Chairs, and much more. It is a great way to make new friends and participate in stewardship.

The **School Development Office** exists to invite everyone in the life of the school to become involved spiritually and/or financially in the school's mission and vision for the future. It is responsible for the Annual Development Drive and Annual Report, the Pinnacle (school newsletter), Grandparent's/Special Friend's Day, advertising, open houses, student pictures, and several small funding programs.

Diocesan-Wide Ministries

Catholic Charities of Tennessee, the social service arm of the Diocese of Nashville, served 9,100 unduplicated clients on more than 70,000 occasions last year. It currently services clients in Bedford, Davidson, Humphreys, Montgomery, Rutherford, Sumner, Williamson, and Wilson counties, and is working to expand its footprint into other counties in the Diocese. Catholic Charities' core competencies are counseling and case management; it utilizes these skills through individual and family counseling, elder care, family homelessness prevention, workforce development, pregnancy counseling, adoption services, immigration services, refugee resettlement and service, and financial literacy training. Its services are available to all in need, regardless of faith traditions, race, age, sex, country of origin, or nationality. Volunteer opportunities are available at www.cctenn.org or by calling 615-352-3087.

The **Nashville Ladies of Charity** is an organization of Catholic women who volunteer their time and talent in many areas of charitable work in the community. For over 119 years we have been a beacon of hope for the needy. No exclusion is made with regard to religion, race or ethnicity of the people we serve. Our primary source of income is the operation of our volunteer consignment clothing sale.. We provide scholarships each year to 4 area high schools girls to attend a Parochial school.. Our Welfare program assists with rent, utilities and food assistance. We welcome any ladies to join our mission to "serve, rather than be served."

The Diocesan Council of Catholic Women is a group of women from each parish in the Nashville Diocese who come together several times a year at diocesan meetings, retreats, conferences, and workshops. The main purpose and projects are to support our Bishop and Priests and to grow spiritually.

Marriage Preparation Ministry is a team of married couples actively and prayerfully helping couples who attend the Engaged Couples Retreat to prepare for the Sacrament of Matrimony. Ideals, attitudes, and life experiences are shared through talks and group discussions.

Refugee Services of Catholic Charities assists several hundred refugees re-settle into this community each year. Refugees come from Central Europe, the Middle East, Asia, and Africa and are eager to work to build new lives for their families in freedom.

The Serra Club encourages men and women to aspire to the priesthood and religious life. These Catholic laypersons try to fulfill their own vocation to service through several functions throughout the year. Membership is open to all adults who wish to affirm and support seminarians and those in the ordained and vowed ministries.

Thank you for taking the time to read through this booklet to determine where you might share your time and talents with St. Henry Church, the Diocese of Nashville and the community in which we live.

For additional information on any of these ministries, refer to the contact information on the following pages, call the church office at 615-352-2259, email Linda Large at llarge@sthenry.org or go to our website, www.sthenry.org.



SAINT HENRY
CATHOLIC CHURCH

6401 Harding Pike
Nashville, TN 37205

615-352-2259
www.sthenry.org



@sthenrycatholicchurchtn



Download our App at
myparishapp.com/appstore